



## FACT SHEET

### SINGAPORE HEALTH & BIOMEDICAL CONGRESS 2023

*Transforming for a Healthier Population*

**FOR IMMEDIATE RELEASE**

The 21<sup>st</sup> Singapore Health & Biomedical Congress (SHBC) 2023, organised by the National Healthcare Group (NHG), will focus on “Transforming for a Healthier Population”, and the imperative need to transform the healthcare ecosystem to bring about better population health. In line with *Healthier SG*, SHBC 2023 will also explore how healthcare providers can work together with community and social care partners to empower and activate residents towards healthier living within their neighbourhoods.

The two-day conference will kick off on 12 October 2023 with **Minister for Social and Family Development and Second Minister for Health Mr Masagos Zulkifli** delivering the keynote address during the Opening Ceremony.

#### **SHBC 2023 HIGHLIGHTS**

This year’s Congress will resume as a fully physical event. Distinguished local and overseas experts will share their in-depth expertise and knowledge on four key areas: Future of Health; Health Behaviour & Change; Health & Technology; and Digital Health, AI and Big Data. Participants can choose from a total of four symposiums and 16 tracks.

In addition, the Plenary Sessions and Panel Discussions will address the key factors driving population health. **Professor Michael Nilsson, Director, Centre for Rehab Innovations, and Global Innovation Chair of Rehabilitation Medicine, University of Newcastle, Australia** will deliver the first Plenary Session on “Enriched Environments, Architecture and Precision Medicine – Converging Pathways for Health-Promoting Design”, followed by a panel discussion, featuring **Prof Michael Nilsson; Associate Professor Angelique Chan, Executive Director - Centre for Ageing Research and Education, Duke-NUS Medical School, National University of Singapore (NUS); Associate Professor Ding Yew Yoong, Senior Consultant, Department of Geriatric Medicine, TTSH; Executive Director, Geriatric Education & Research Institute (GERI); and Dr Tan Weng Mooi, Director/Lead (Integrated Health Programme), MOH Office of Healthcare Transformation**. Dr Bryan Tan Yijia, Consultant, Department of Orthopaedic Surgery, Woodlands Health (WH), and Clinician-Scientist, Lee Kong Chian School of Medicine (LKCmedicine), will be the moderator for the session.

The remaining Plenary Sessions and Panel Discussions include:

- **Transforming Health System for Health & Value**  
**Dr Robert Fields, Executive Vice President, Chief Clinical Officer, Beth Israel Lahey Health, USA** will discuss the rethinking of the economic incentives for

healthcare, and changes required in care models and healthcare delivery to achieve better care outcomes and reduce costs. The panel discussion will feature **Dr Robert Fields**; **Associate Professor John Abisheganaden**, Senior Consultant, Department of Respiratory & Critical Care Medicine, Tan Tock Seng Hospital (TTSH); **Professor Lee Chien Earn**, Deputy Group CEO, Regional Health System, SingHealth; **Professor Keith Lim Hsiu Chin**, Group Head of Medical and Quality, IHH Healthcare; and **Ms Ai Ling Sim-Devadas**, Deputy Director, Advocacy and Engagement, LKCMedicine, Nanyang Technological University (NTU). It will be moderated by Associate Professor Jeremy Lim, CEO, Co-Founder, AMILI.

- **Behavioural Science for Population Health**

The session will feature **Professor K K Luke**, Professor, School of Humanities, President's Chair in Linguistics, NTU; **Assistant Professor Sabrina Wong**, Deputy Director, Clinical Services, Senior Consultant, National Healthcare Group Polyclinics (NHGP); **Dr Ellie Choi**, Associate Consultant, Division of Dermatology, National University Hospital (NUH); Executive Committee, Society of Behavioural Health, Singapore; **Professor May O. Lwin**, President's Chair in Communication Studies, Chair, Wee Kim Wee School of Communication and Information, NTU; and **Professor Benjamin Seet**, Deputy Group CEO (Education and Research), NHG. Together, they will examine the need for health behaviour; importance of health behavioural insights, and understanding and managing health behaviours & practices in primary care, among other areas.

- **Harnessing Technology for Health**

**Mr Eric Loh**, CEO, Trendlines Medical Singapore will discuss the importance of public-private partnerships, leveraging technology such as artificial intelligence (AI), and medtech innovations to address unmet needs of patients for better population health outcomes. The panel discussion will feature **Mr Eric Loh**; **Associate Professor Loh Yong Joo**, Head & Senior Consultant, Department of Rehabilitation Medicine, TTSH; **Mr Soh Leng Wan**, Assistant CEO, Manufacturing & Engineering, Enterprise Singapore (ESG); and **Dr Pauline Erica Tay**, Director, National Health Innovation Centre Singapore (NHIC). It will be moderated by Associate Professor Tey Hong Liang, Head of Research Division and Senior Consultant, National Skin Centre (NSC), who is also Clinical Director, Centre for Medical Technologies and Innovations (CMTi), NHG, and Co-Director of Skin Research Programme, LKCMedicine.

## **SHBC SCIENTIFIC COMPETITION 2023**

The annual Scientific Competition showcases the achievements of medical and healthcare professionals and scientists to improve patient care. The award categories include Health Professions Education Research Investigator Award; Singapore Allied Health Award; Singapore Clinician Investigator Award; Singapore Nursing Award; Singapore Primary Care Research Award; Singapore Young Investigator Award; SHBC Student Award; and SHBC Best Poster Award. More than 400 submissions were received from institutions across public healthcare clusters and community partners, and a total of 52 winners will be recognised at the Congress.

For information about SHBC 2023, visit [www.shbc.com.sg](http://www.shbc.com.sg).

## **NHG CARES**

Living well is being healthy and happy. Through the NHG Cares movement, NHG and its hospitals, polyclinics, and specialty centres, together with our GP and community partners seek to support the 1.5 million residents in Central and North Singapore navigate their *Healthier SG* journey. We help nurture a culture of health and wellness, where residents are empowered with the tools, knowledge, services and resources to take charge of their health, their way.

For residents in Central and North Singapore enrolled in *Healthier SG*, they enjoy additional benefits when they sign up as an NHG Cares Member:

- Telehealth advice from nurses
- Targeted programmes for your health (*Health Kampung*)
- Exclusive dining and retail savings

For more information about NHG Cares, visit [www.nhgcares.com.sg](http://www.nhgcares.com.sg), call 6333 1000, or download its app on iOS or Android.

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### **About the National Healthcare Group**

The National Healthcare Group (NHG) is a leader in public healthcare in Singapore recognised for the quality of its medical expertise and facilities. Care is provided through an integrated system of primary care polyclinics, acute care and tertiary hospitals, and national specialty centres. Together, we provide comprehensive and innovative healthcare to address the unique needs of our patients and the population we serve.

As the Regional Health Manager for 1.5 million residents in Central and North Singapore, NHG through its Central, Woodlands, and Yishun health networks collaborates with private general practices, public and community health and social care providers to keep residents well and healthy.

The 22,000 healthcare professionals in NHG are committed towards building healthier and resilient communities, and Adding Years of Healthy Life to the people we serve.

More information is available at [www.nhg.com.sg](http://www.nhg.com.sg).